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**History Form**

Patient's Name: \_\_\_\_\_ Age: \_\_\_\_ Date of Birth: \_\_\_\_\_ Today's Date \_\_ / \_\_ / \_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_

How long at this address? \_\_\_\_\_

Who referred you to Dr. McGarrahan?

Name: \_\_\_\_\_ Address / phone : \_\_\_\_\_

Name of Employer: \_\_\_\_\_ Work Phone: \_\_\_\_\_

May I contact you at this work #?      Yes    No      May I leave a message?      Yes    No

Type of Work: \_\_\_\_\_ Home Phone: \_\_\_\_\_

May I contact you at your home #?      Yes    No      May I leave a message?      Yes    No

E-mail address: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

May I contact you on your cell phone?      Yes    No      May I leave a message?      Yes    No

Please describe the problems for which help is needed at this time.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever received mental health treatment (including psychotherapy or prescribed psychiatric medication)?      No      Yes

If yes, please complete the following history of psychiatric/psychological treatment (including psychiatric medication prescribed by a non-psychiatrist physician).

Name of Organization/ Professional	Date	Address

**Current Stressors:** Please include things such as recent death in family, relationship problems, financial problems, serious medical or psychiatric illness, job problems or unemployment, domestic violence...

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**Psychiatric Medication History:**

Have you ever taken psychiatric medications?

No If no, please go to page 4 and continue with therapy history.

Yes If yes, please complete the following.

*Space is provided, if necessary for up to 6 psychiatric medication periods on the next two pages.*

	Medication	Medication
<b>Drug Name</b>		
<b>Given by Whom</b>		
<b>When Started</b>		
<b>When Stopped</b>		
<b>For What Problems</b>		
<b>Dose</b>		
<b>Benefits</b>		
<b>Side Effects</b>		

	Medication	Medication
<b>Drug Name</b>		
<b>Provider</b>		
<b>When Started</b>		
<b>When Stopped</b>		
<b>For What Problems</b>		
<b>Dose</b>		
<b>Benefits</b>		
<b>Side Effects</b>		

**Therapy History:**

Have you ever received mental health related therapy?    No            Yes

*If yes, please complete the following:*

Please use the following chart(s) to describe all therapies you have received previously.

	Therapy	Therapy
<b>Type of Therapy</b>		
<b>Provider</b>		
<b>For What Problems</b>		
<b>When Started</b>		
<b>When Stopped</b>		
<b>How Often</b>		
<b>Benefits</b>		
<b>Adverse Reactions</b>		

**Family Medical History:**

Do medical illnesses run in the family? (examples: seizures, thyroid problems, allergies)    No            Yes  
 If yes, please describe:

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**Family Psychiatric History:**

(Please note any that apply: Major Depression, Bipolar Disorder, Anxiety Disorders, Schizophrenia, Tic Disorders, Substance/Alcohol Abuse, Suicide Attempts, Eating Disorders, or other Psychiatric problems)

Have any of your **biological relatives** had psychiatric problems? No Yes Don't know  
If yes, please specify the problem next to the relative.

Mother	_____
Father	_____
Brother	_____
Sister	_____
Grandmother	_____
Grandfather	_____
Aunt	_____
Uncle	_____

**Medical History of Patient:** Have you had any of the following? Check any that apply

No	Yes	Don't know	Date(s)
		Measles	_____
		German Measles	_____
		Mumps	_____
		Chicken Pox	_____
		Whooping Cough	_____
		Diphtheria	_____
		Flu	_____
		Strep Throat	_____
		Meningitis	_____
		Encephalitis	_____
		Hay Fever	_____
		Abscessed Ears	_____
		Tubes in Ears	_____
		Allergy/Asthma	_____
		Convulsions	_____
		Head Injuries	_____
		Other Injuries	_____
		Other Illnesses	_____
		Problem with hearing	_____
		Problem with vision	_____
		Other	_____

Do you currently take any medications for a medical illness? No Yes  
If yes, please describe: \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
**Signature of person completing form**                      **Date**

\_\_\_\_\_  
**Signature of person completing form**                      **Date**